

# OT Mastery

## Vision Deficits and Occupation

**1. What statement about retinopathy of prematurity is true?**

- A. It only affects premature infants
  - B. It can cause abnormally dark pupils
  - C. Moderate to severe cases will resolve on their own
  - D. Mild cases are treated with cryotherapy or laser therapy
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**2. What condition would NOT be treated by wearing an eye patch?**

- A. Strabismus
  - B. Double vision
  - C. Nearsightedness
  - D. Amblyopia
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**3. A therapist is reading a patient's chart before completing their evaluation. They have formal vision testing from their doctor, but need to interpret it to obtain the patient's baseline. What is considered near normal vision?**

- A. 20/12 - 20/25
  - B. 20/80 - 20/160
  - C. 20/19 - 20/20
  - D. 20/30 - 20/60
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**4. What is the most common way of assessing a person's visual fields?**

- A. Saccadic ladder test
  - B. Red Dot Confrontation Test
  - C. Snellen chart
  - D. There is no formal testing for this visual skill
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**5. If a therapist is assessing a patient with vision concerns but also has motor concerns, what assessment would be the best fit?**

- A. Arrow Orientation Test
  - B. TVPS
  - C. MVPT
  - D. Star Cancellation Test
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**6. How does the preferred retinal locus (PRL) help patients with vision concerns?**

- A. This helps patients and therapists determine what direction they see best in
  - B. PRL is the same as eccentric viewing and is only used with patients looking to compensate for vision concerns
  - C. This helps patients determine eye dominance
  - D. This is a subtest within the Amsler grid training
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**7. Why might a doctor recommend Amsler grid training as part of a home program for someone with macular degeneration?**

- A. To allow them to see more of their environment without straining their eyes
  - B. This test helps patients monitor their vision for any new distortions that might be present
  - C. This test helps patients strengthen their vision
  - D. The Amsler grid gives therapists information for goal-setting
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**8. What is NOT a part of the lighthouse technique?**

- A. Turns
  - B. Fixators
  - C. Anchors
  - D. Guides
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**9. A middle-aged patient has completed multiple vestibulo-ocular reflex (VOR) training sessions for several weeks. They are now ready to undergo the highest level of training with their therapist. What might this training consist of?**

- A. Walking front and back while fixating on an object on a side wall
  - B. Walking side to side while fixating on one object ahead of them
  - C. Fixating on a ceiling-level object while standing still and moving their head up and down
  - D. Fixating on an eye-level object while walking forward and moving their head up, down, left, and right
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**10. What home modifications serve to prevent falls and assist someone with low vision in better engagement within their environment?**

- A. Clearing walkways of clutter
  - B. Get textured upholstery
  - C. Label small items
  - D. Mount frequently-used items on the wall
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