

# OT Mastery

## Telehealth for Occupational Therapy

### 1. What is the best definition for telehealth?

- A. A specific type of treatment that occupational therapists use for rehabilitation purposes
  - B. A broad term used to describe telecommunications and other technologies that assist in both clinical and non-clinical duties of a therapist
  - C. The use of secure messaging to assist in patient care
  - D. The use of audio conversation to assist in a range of areas during the treatment process
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### 2. What practice area currently has the most evidence for telehealth occupational therapy?

- A. Pediatrics
  - B. Geriatrics
  - C. Mental health
  - D. Physical rehabilitation
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### 3. What model of care is most appropriate for therapists to use in accordance with telehealth?

- A. Caregiver education model
  - B. Coaching model
  - C. Motor learning
  - D. Behavior modification
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### 4. What is the main difference between telehealth in an inpatient setting and telehealth in an outpatient setting?

- A. Telehealth in inpatient settings is not used to substitute entire patient visits, whereas outpatient visits can be entirely completed via telehealth
  - B. Telehealth in inpatient settings is meant to provide better care than traditional methods, whereas outpatient telehealth aims at decreasing provider commute time
  - C. Telehealth in inpatient settings can decrease hospital-acquired infections and improve management of complex medical cases, whereas outpatient telehealth can prevent disease complications and reduce hospitalizations and urgent care visits
  - D. Telehealth in inpatient settings can offer patients decreased wait time, whereas outpatient telehealth can improve patient access to a wider range of care
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### 5. Which of the following is not one of the basic tools that patients always need during telehealth sessions?

- A. A working webcam

- B. A notebook
  - C. A desk chair
  - D. Internet connection
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**6. Which of the following is not a requirement for a HIPAA-compliant telehealth platform?**

- A. Having a monitoring system in place to protect all information
  - B. Ensuring that only authorized personnel can access health information
  - C. The use of both audio and video within their program
  - D. Incorporating secure communications across all modes
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**7. What type of malpractice insurance do occupational therapists who use telehealth need?**

- A. Standard malpractice insurance
  - B. Comprehensive malpractice insurance
  - C. Malpractice insurance with a clause for telehealth services
  - D. No malpractice insurance
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**8. What is the telehealth parity law?**

- A. This has been adopted by all 50 states and requires that insurance companies cover telehealth services as if they were in-person services
  - B. This means that therapists must provide the same services as they would if they were treating in-person
  - C. This mandates that occupational therapists have the same scope of practice as physical therapists
  - D. This means all patients must be given the same treatments
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**9. What is not a way that therapists can address screen fatigue that may result from telehealth?**

- A. Encouraging patients to use special glasses that reduce glare
  - B. Adjusting screen settings to minimize blue light
  - C. Tell patients not to look at the screen
  - D. Educate patients to look away from the screen for 30 seconds every 10 minutes
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**10. What is not a way that therapists can accommodate patients who are having trouble adjusting to telehealth?**

- A. Acknowledge their emotions
  - B. Provide positive reinforcement
  - C. Act natural and confident
  - D. Switch to in-person services
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