

OT Mastery

Private Practice Occupational Therapy

1. What is not one of the criteria required for someone to be self-employed?

- A. They consult with a newly-established business without charging them
 - B. They are in a business partnership
 - C. They take on roles that last a specified period of time or work as a gig/freelance worker
 - D. They have a full-time or part-time business that offers them income
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2. Which of the following statements is true according to the 2019 AOTA Workforce Survey?

- A. More OTAs are salaried rather than being paid according to an hourly rate
 - B. OTs are generally disinterested in private practice
 - C. The amount of OTs who consider themselves self-employed has decreased since 2014
 - D. More OTs are paid on an hourly basis rather than receiving a salary
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3. What is not a common reason why OTs leave the field?

- A. Feelings of burnout
 - B. Not liking patient care
 - C. Too much documentation
 - D. Patient acuity not aligning with therapist skill level
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4. What is not considered an advantage of private practice?

- A. Less administrative burden
 - B. Clinical autonomy
 - C. Increased earning potential
 - D. Financial risk
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5. What is considered a disadvantage of private practice?

- A. Unstable income
 - B. Inability to hone one's specialty
 - C. Flexible work schedules
 - D. Lack of supervision
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6. What is the first tool therapists should use in the program development process?

- A. Occupational profile

- B. Program questionnaire
 - C. Needs assessment
 - D. None of the above
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7. What is the initial step in a needs assessment?

- A. Move forward with action points
 - B. Identify funding sources
 - C. Define program objectives
 - D. Acquire feedback
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8. Which of the following statements about private practice policies and regulations is true?

- A. Therapists do not have to follow any accessibility or safety regulations if they operate out of their own home
 - B. Some policies only apply to brick-and-mortar businesses while other policies are applicable to all private practice owners
 - C. Therapists are only considered private practice owners if they hire additional staff within the first year of being in business
 - D. Therapists cannot register their business until they have hired additional staff
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9. What should be part of the informed consent process?

- A. Scope of practice
 - B. Reporting requirements
 - C. Patient bill of rights
 - D. All of the above
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10. What is an NPI?

- A. A tax document needed to hire additional therapists
 - B. A tax document that shows proof of a business' registration with the state
 - C. An identification number required in order for therapists to bill Medicare for services they provide
 - D. A summary of the scope of practice a therapist provides
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11. What is not considered a method of gaining referrals?

- A. Registering a business with the state
 - B. Asking previous or current patients to spread the word about their services
 - C. Offering free lectures in the therapist's area of expertise
 - D. Putting loyalty incentives in place for existing patients
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12. What is the difference between advertising and marketing?

- A. Marketing and advertising are the same
 - B. Marketing is for the sake of promotion and advertising aims to meet customer needs
 - C. Marketing involves online promotion and advertising includes print materials
 - D. Advertising is for the sake of promotion, while marketing aims to meet customer needs
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13. What are some common ways therapists raise money to start a private practice?

- A. Loans
 - B. Crowdfunding
 - C. Grants
 - D. All of the above
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14. What is not a fiscal responsibility a private practice owner has if they do not accept insurance?

- A. Claims submission and processing
 - B. Benchmarking financial statistics
 - C. Ongoing training regarding billing regulations
 - D. Coding training
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15. What is a requirement of any EMR?

- A. Customizable forms and templates
 - B. HIPAA compliance
 - C. Scheduling integration
 - D. Optimized workflows
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16. What is considered a best practice for point of service electronic documentation?

- A. Maintaining eye contact with patients
 - B. Using the mouse whenever possible
 - C. Taking notes as patients are speaking
 - D. Completing chart reviews while patients are in the room
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17. What is not a method used to assist with quality improvement?

- A. Plan-Do-Study-Act Cycles
 - B. Lean Six Sigma
 - C. Quality Assurance
 - D. Total Quality Management (TQM)
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18. What is one of the most common quality measures utilized in the healthcare industry?

- A. Continuous Quality Improvement (CQI)
 - B. Plan-Do-Study-Act Cycles
 - C. Total Quality Management (TQM)
 - D. Lean Six Sigma
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19. Based on research about private practice experiences, what statement is true?

- A. Informal and formal learning helps therapists function better both as clinicians and business owners
 - B. Opportunities in private practice allow for enhanced skill development and continuing education
 - C. Therapist competency originates from informal and formal learning opportunities
 - D. All of the above
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20. According to research, how can private practice owners engage in advanced learning?

- A. Seek out help from assistants and administrative staff whenever possible
 - B. Take the time to develop skills based on isolated incidents that arise over time
 - C. Engage fully in operational duties
 - D. Carry out all basic procedures themselves
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