OT Mastery

Private Practice Occupational Therapy

1. What is not one of the criteria required for someone to be self-employed?

A. They consult with a newly-established business without charging them
B. They are in a business partnership
C. They take on roles that last a specified period of time or work as a gig/freelance worker
D. They have a full-time or part-time business that offers them income

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2. Which of the following statements is true according to the 2019 AOTA Workforce Survey?

A. More OTAs are salaried rather than being paid according to an hourly rate
B. OTs are generally disinterested in private practice
C. The amount of OTs who consider themselves self-employed has decreased since 2014
D. More OTs are paid on an hourly basis rather than receiving a salary

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3. What is not a common reason why OTs leave the field?

A. Feelings of burnout
B. Not liking patient care
C. Too much documentation
D. Patient acuity not aligning with therapist skill level

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4. What is not considered an advantage of private practice?

A. Less administrative burden
B. Clinical autonomy
C. Increased earning potential
D. Financial risk

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5. What is considered a disadvantage of private practice?

A. Unstable income
B. Inability to hone one's specialty
C. Flexible work schedules
D. Lack of supervision

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6. What is the first tool therapists should use in the program development process?

A. Occupational profile

B. Program questionnaire
C. Needs assessment
D. None of the above

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7. What is the initial step in a needs assessment?

A. Move forward with action points
B. Identify funding sources
C. Define program objectives
D. Acquire feedback

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8. Which of the following statements about private practice policies and regulations is true?

A. Therapists do not have to follow any accessibility or safety regulations if they operate out of their own home
B. Some policies only apply to brick-and-mortar businesses while other policies are applicable to all private practice owners
C. Therapists are only considered private practice owners if they hire additional staff within the first year of being in business
D. Therapists cannot register their business until they have hired additional staff

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9. What should be part of the informed consent process?

A. Scope of practice
B. Reporting requirements
C. Patient bill of rights
D. All of the above

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10. What is an NPI?

A. A tax document needed to hire additional therapists
B. A tax document that shows proof of a business' registration with the state
C. An identification number required in order for therapists to bill Medicare for services they provide
D. A summary of the scope of practice a therapist provides

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11. What is not considered a method of gaining referrals?

A. Registering a business with the state
B. Asking previous or current patients to spread the word about their services
C. Offering free lectures in the therapist's area of expertise
D. Putting loyalty incentives in place for existing patients

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12. What is the difference between advertising and marketing?

A. Marketing and advertising are the same
B. Marketing is for the sake of promotion and advertising aims to meet customer needs
C. Marketing involves online promotion and advertising includes print materials
D. Advertising is for the sake of promotion, while marketing aims to meet customer needs

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13. What are some common ways therapists raise money to start a private practice?

A. Loans
B. Crowdfunding
C. Grants
D. All of the above

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14. What is not a fiscal responsibility a private practice owner has if they do not accept insurance?

A. Claims submission and processing
B. Benchmarking financial statistics
C. Ongoing training regarding billing regulations
D. Coding training

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15. What is a requirement of any EMR?

A. Customizable forms and templates
B. HIPAA compliance
C. Scheduling integration
D. Optimized workflows

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16. What is considered a best practice for point of service electronic documentation?

A. Maintaining eye contact with patients
B. Using the mouse whenever possible
C. Taking notes as patients are speaking
D. Completing chart reviews while patients are in the room

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17. What is not a method used to assist with quality improvement?

A. Plan-Do-Study-Act Cycles
B. Lean Six Sigma
C. Quality Assurance
D. Total Quality Management (TQM)

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18. What is one of the most common quality measures utilized in the healthcare industry?

A. Continuous Quality Improvement (CQI)
B. Plan-Do-Study-Act Cycles
C. Total Quality Management (TQM)
D. Lean Six Sigma

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19. Based on research about private practice experiences, what statement is true?

A. Informal and formal learning helps therapists function better both as clinicians and business owners
B. Opportunities in private practice allow for enhanced skill development and continuing education
C. Therapist competency originates from informal and formal learning opportunities
D. All of the above

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20. According to research, how can private practice owners engage in advanced learning?

A. Seek out help from assistants and administrative staff whenever possible
B. Take the time to develop skills based on isolated incidents that arise over time
C. Engage fully in operational duties
D. Carry out all basic procedures themselves

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