

OT Mastery

Home Health OT

1. Which of the following is NOT one of the criteria someone must meet to be considered homebound?

- A. Receiving direction from a healthcare provider to refrain from leaving the home due to their medical condition(s)
 - B. Requiring medical social services at least three days out of the week
 - C. Needing to exert a considerable effort to leave the home
 - D. Requiring assistance, equipment, or modified transportation to leave the home
-

2. Which of these home health services will be covered if medically necessary?

- A. Recreation therapy and art therapy
 - B. Durable medical equipment exceeding \$5,000 in value
 - C. Skilled nursing services between 30 and 40 hours each week
 - D. Part-time (or less often) home health aide services
-

3. What are the most frequently treated conditions in a home health setting?

- A. Hypertension, cancer, heart disease, amputations, Parkinson's
 - B. Generalized anxiety disorder, dementia, osteoporosis, heart disease, depression
 - C. Hypertension, diabetes, dementia, depression, heart disease
 - D. Osteoporosis, osteoarthritis, heart disease, depression, dementia
-

4. What is the most effective way home health OTs can address fall prevention with their patients?

- A. A combination of exercise-based interventions, home modifications, and clinical interventions
 - B. Referring patients to an OT who specializes in home modifications
 - C. Providing exercise-based interventions focused on strengthening both during and outside of sessions
 - D. Making simple home modifications rather than costly ones
-

5. Which of the following does NOT fall under a home health OT's scope of practice?

- A. Recommending adaptive equipment
 - B. Social skills
 - C. Training or retraining in ADLs with or without task modification and compensatory strategies
 - D. Educating on strategies to assist with disease management
-

6. How do OTs view caregivers within the realm of home health?

- A. If someone has a caregiver, they are included as members of the patient's treatment team due to their ability to provide valuable information and support throughout the care process.
 - B. Caregivers may deeply participate in patient sessions, which can then be viewed (and billed) as co-treatments.
 - C. Caregivers are considered "replacement" team members for patients who are non-verbal or have limited communication skills, as they can offer information during the evaluation and treatment process.
 - D. Caregivers are relied upon to improve patient health outcomes such as treatment attendance and adherence.
-

7. Which of the following is NOT a milestone when the Outcome and Assessment Information Set (OASIS) must be completed?

- A. Start of care
 - B. When they are admitted to a residential institution
 - C. Resumption of care
 - D. At the end of each calendar year
-

8. According to research, what are some of the main barriers therapists experience in home health?

- A. Feeling unable to talk to patients in the event their home environment is no longer safe for them to stay in, experiencing compassion fatigue after treating many patients who have no support systems
 - B. Moderating the role of technology, proactively offering patient education, improving scheduling to align with other providers more closely
 - C. Lacking patient education resources, difficulty with medical device usage, receiving inconsistent support from families, feelings of isolation regarding job duties, communication gaps between providers
 - D. Failing to properly understand their productivity standards, poor scheduling on a daily basis leading to being behind, not being taught how to plan their sessions out across each week
-

9. What strategy can home health OTs use to assist with scheduling?

- A. Grouping evaluations and reassessments together on one to two days each week and trying to schedule patients with similar zip codes together for maximum efficiency
 - B. Asking for clarification on their productivity standards and doing point-of-service documentation as much as possible
 - C. Allowing time in the schedule to refill supplies and make copies and setting up their car with all the supplies needed for each day
 - D. Ensuring they spend extra time with each patient to allow more wiggle room in their schedule later in the week
-

10. How can therapists ensure their documentation is completed in a timely manner?

- A. Setting up their car with a mobile workstation to complete documentation at, getting a portable safe for their electronics so they can take all devices with them for documentation
- B. Using workflows and templates, completing point-of-service documentation
- C. Setting boundaries with managers to allow added time to submit documentation, using daily planners
- D. Scheduling a slot in the middle of each day to complete documentation, scheduling assessments on one day each week

Copyright © 2026 OT Mastery

Visit us at <https://www.otmastery.com>