

# OT Mastery

## Early Developmental Milestones

**1. Why did providers add open-ended questions to the new sets of milestones?**

- A. To help parents keep better records of their child's development
  - B. To help parents start discussions with doctors about developmental concerns
  - C. To allow parents to work through developmental concerns at home without help
  - D. To allow parents to think before calling the doctor
- 

**2. Which discipline is not part of an early intervention team?**

- A. Ophthalmology
  - B. Audiology
  - C. Assistive technology
  - D. Nutrition
- 

**3. Why might a child begin to experience developmental delays?**

- A. They are not progressing at the same rate as typically-developing peers
  - B. They were born prematurely
  - C. They have medical concerns
  - D. All of the above
- 

**4. What type of EI services are indicated for children with autism?**

- A. Parent coaching only
  - B. Low-intensity services over longer periods
  - C. High-intensity services over shorter periods
  - D. High-intensity services over longer periods
- 

**5. What was one of the biggest changes in the gross motor milestone section?**

- A. The adjustment of the age for walking
  - B. The removal of crawling as a milestone
  - C. The adjustment of the age for rolling
  - D. The removal of rolling as a milestone
- 

**6. If a child is unable to push up onto their elbows, what other areas will they be delayed in?**

- A. Self-feeding

- B. Walking
  - C. Core strength
  - D. Speaking
- 

**7. At what age should a child be able to go from laying down to seated without support?**

- A. 7 months
  - B. 9 months
  - C. 6 months
  - D. 12 months
- 

**8. At what age should a child be able to engage in more advanced motor planning tasks such as ball skills, hopping, and independent stair climbing?**

- A. 5 years
  - B. 3 years
  - C. 4 years
  - D. 6 years
- 

**9. If a child has continued delays with gross motor skills, what professional should they be referred to?**

- A. Assistive technology
  - B. Nursing
  - C. Physical therapy
  - D. Occupational therapy
- 

**10. At the age of 4 months old, what fine motor milestones should a child be able to achieve?**

- A. Point to objects
  - B. Curl fingers slightly around objects when placed in their hands
  - C. Reach for objects
  - D. Rake objects toward them
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**11. When should a child be able to drink from an open cup while an adult holds it?**

- A. 9 months
  - B. 15 months
  - C. 12 months
  - D. 18 months
- 

**12. When is the first time a child should demonstrate a grasp using their thumb and index finger?**

- A. 10 months

- B. 12 months
  - C. 15 months
  - D. 9 months
- 

**13. When will a child begin to self-feed with their fingers?**

- A. 15 months
  - B. 12 months
  - C. 18 months
  - D. 10 months
- 

**14. What fine motor milestone should a child achieve by 18 months?**

- A. Drinking from a straw
  - B. Independently feeding themselves with utensils
  - C. Scribbling with a writing utensil
  - D. Using only a spoon to feed themselves
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**15. At what age is it expected that a child will use a fist or radial palmar grasp?**

- A. 12 months
  - B. 15 months
  - C. 10 months
  - D. 18 months
- 

**16. What grasp do typically-developing children usually use to manipulate small objects at the age of 18 months?**

- A. Lateral pinch
  - B. Three-jaw chuck
  - C. Pincer grasp
  - D. Key pinch
- 

**17. What is a child's vision like at 2 months old?**

- A. They can see objects 8-10 inches away
  - B. They can focus on faces of familiar people
  - C. They mainly see everything as blurred shapes
  - D. They can see faces clearly
- 

**18. At what age does a baby develop more head control, which allows them to see more clearly?**

- A. 1 month
- B. 6 months

- C. 2 months
  - D. 4 months
- 

**19. When is the first time a child begins to see with color and depth?**

- A. 12 months
  - B. 5 months
  - C. 10 months
  - D. 9 months
- 

**20. When can a child more accurately judge distances?**

- A. Between 9 and 10 months
  - B. Between 9 and 12 months
  - C. Between 7 and 9 months
  - D. Between 12 and 15 months
- 

**21. When should a child go visit an ophthalmologist instead of an optometrist?**

- A. If they have vision concerns that require the prescription of glasses
  - B. If they have vision concerns that require pharmacological treatment
  - C. If they have vision concerns that require surgical treatment
  - D. None of the above
- 

**22. At what age does a child begin to smile to get attention from others?**

- A. 4 months
  - B. 6 months
  - C. 8 months
  - D. 10 months
- 

**23. When do children begin to respond to their name being called?**

- A. 7 months
  - B. 9 months
  - C. 12 months
  - D. 15 months
- 

**24. When do children begin mimicking other children playing?**

- A. 15 months
  - B. 12 months
  - C. 24 months
  - D. 18 months
-

**25. At what age do kids begin to explore their surroundings outside the immediate comfort zone where their parents are?**

- A. 12 months
  - B. 24 months
  - C. 18 months
  - D. 15 months
- 

**26. What type of self-care assistance can children provide at 18 months?**

- A. Put an arm or leg through a sleeve or pants
  - B. Wash their hands independently
  - C. Feed themselves with utensils independently
  - D. Wash their heads with some help
- 

**27. What is characteristic of a healthy attachment?**

- A. Will self-soothe when upset after familiar figures leave
  - B. Will interact with others shortly after being left by a familiar figure
  - C. Both A & B
  - D. Will not react when familiar figures leave
- 

**28. At what age is it normal for children to begin engaging in pretend play and asking to see friends who are not present?**

- A. 5 years
  - B. 4 years
  - C. 2 years
  - D. 3 years
- 

**29. Children with autism usually display delays across many skill areas. However, what milestones are usually the most delayed in children who are on the spectrum?**

- A. Gross motor
  - B. Social-emotional
  - C. Fine motor
  - D. Academic performance
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**30. At what age should parents let children begin pushing objects around to strengthen their muscles?**

- A. 9 months
- B. 1 year
- C. 3 years

D. 2 years

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