

OT Mastery

Comprehensive Primary Care Services

1. According to AOTA, what is the role of OTs in primary care settings?

- A. To provide disease management, health promotion, and prevention-based services that are client-centered and improve quality-of-life
- B. To coordinate services between nurses and physicians in primary care settings
- C. To offer solely education to patients in need of disease prevention
- D. To offer lifestyle modification for all health conditions

2. What advantages can be seen as a result of OT involvement in primary care settings?

- A. Increased stress on physicians
- B. Fewer cost savings
- C. Improved patient independence
- D. More difficulty implementing services

3. Which of the following personal factors may impact an OT's ability to integrate into primary care teams?

- A. Lack of practice resources
- B. Biases against OT
- C. Lack of funding
- D. Too much knowledge of OT's role

4. What is NOT one aspect that research identifies as important for pediatric primary care service implementation?

- A. Advocacy for culturally sensitive developmental monitoring and surveillance
- B. Building a strong base of evidence for the benefits of OT in any type of primary care setting
- C. Using print materials rather than audio/visual content to "pitch" to existing primary care teams
- D. Supporting legislation for developmental screenings on a large scale

5. On a global scale, what area do OTs most often intervene in when working in primary care settings?

- A. Leisure
- B. ADLs
- C. IADLs
- D. Coping skills

6. What does research suggest is one of the best ways OTs can overcome reimbursement concerns in primary care settings?

- A. Consistent use of value-based outcome measures
- B. Greater advocacy
- C. Lobbying for beneficial legislation
- D. Only providing co-treatments

7. Most research on OT's role in primary care pertains to what chronic conditions?

- A. Depression and anxiety disorders
- B. Cancer and congestive heart failure
- C. Peripheral artery disease and depression
- D. Diabetes and hypertension

8. What is one of the leading models therapists can use to structure the work they do in primary care settings?

- A. Dynamic Interactional Model
- B. Kawa Model
- C. Ecology of Human Performance Model
- D. Person-Environment-Occupation Model

9. What does evidence support as being one of the chief facilitators to the implementation process?

- A. A history of developing fall prevention programs
- B. Physician champions
- C. Expertise in orthopedic and neurological rehab
- D. A background working with older adults

10. What type of primary care services are offered indefinitely and on a continuous basis?

- A. Comprehensive services
- B. First contact services
- C. Longitudinal services
- D. Coordinated services
